

The EHS International Mental Health Conference-2023

“Transforming Mental Health Care”

Program Agenda

Date 17th – 18th Feb 2023

Place Shangri-La Hotel-Dubai

Day One- Feb 17, 2023				
Start	End	Duration	Topics	Presenters
8:00	9:00	1 hr	Reception	
9:00	9:05	5 min	UAE national anthem	
9:05	9:15	10 min	Welcome Note	HE Dr. Yousif AlSerkal, Director General, Emirates Health Services
9:15	9:30	15 min	Opening Remarks	Dr. Noor AlMheiri Director, Mental Health Department Emirates Health Services
9:30	10:15	45 min	Keynote: Addressing the World's Crisis of Despair: How Creative Policy will Lead to a Better World	Prof Rimal Bera, Clinical Professor of Psychiatry, University of California, Irvine
10:15	10:30	15 min	Coffee Break	
10:30	12:15	1hr 45 min	Session One Health Promotion and Stigma Reduction Session Chair Dr Deepak Thalitaya, Clinical Academic Group Lead, Intellectual Disability CAG, Al Amal Hospital	
10:30	11:15	45 min	Body Dysmorphic Disorder Recognition & Assessment	Dr Bruce Clark, CAMHS Clinical Director, National & Specialist OCD, BDD & Related Disorders Clinic, CAMHS Directorate and Clinical Academic Group, South London & Maudsley NHS Foundation Trust

In collaboration with

11:15	11:35	20 min	Fighting Stigma and Promoting Rehabilitation	Dr Mohammed Al Jneibi, Consultant in psychiatry, National Rehabilitation Center, UAE
11:35	11:55	20 min	A Non-Inferiority RCT of Massed vs Standard Prolonged Exposure Therapy	Prof David Forbes, Clinical Psychologist, Director of Phoenix Australia, Centre for Posttraumatic Mental Health, University of Melbourne-Australia
11:55	12:15	20 min	Stigma as a Barrier to Intervening Early in Psychosis	Dr Kate Hardy, Clinical Professor, Psychiatry and Behavioral Sciences, Stanford Medicine, USA
12:15	14:00	1hr 45 min	Prayer and lunch	
14:00	16:30	2hr 30 min	Session Two <i>Innovations in Mental Health Services</i> Session Chair Dr Mohtasim Qamruddin, Consultant Psychiatrist - Community Mental Health Services	
14:00	14:25	25 min	Dancing with Youth: The Work of Youth Intensive Services	Dr Ahmed Alwazeer, Consultant Child and Adolescent Psychiatrist, Maudsley Health Abu Dhabi
14:25	14:45	20 min	The Under-Recognition of Autism Spectrum Conditions in Girls Implications for Clinical Practice	Dr Ola Ahmed, Lead Consultant Clinical Psychologist, Maudsley Health, Abu Dhabi
14:45	15:00	15 min	Coffee Break	
15:00	15:25	25 min	Digital Therapy with High Risk Adolescents	Dr Andre Morris, Consultant Clinical Psychologist Team Lead National & Specialist DBT CAMHS Dialectical Behavior Therapy (DBT) Services, Maudsley Hospital
15:25	15:45	20 min	MetaHealth – The world’s First Healthcare Metaverse Platform	Dr Mehnaz Zafar Ali, Consultant Psychiatrist, AlAmal Hospital, Emirates Health Services

In collaboration with



15:45	16:15	30 min	Panel Discussion	
16:15			Wrap up and Closure	
Workshops			WorkshopA (Part 1)	Workshop B (Part 1)
14:00	16:30	2hr 30 min	Foundations of Cognitive Behavioral Therapy for Psychosis (Dr. Kate Hardy)	Assessment and Treatment of PTSD for Primary Care Practitioners (Prof David Forbes)

Day Two- Feb 18, 2023				
Start	End	Duration	Topics	Presenters
8:00	9:00	1 hr	Reception	
9:00	9:40	40 min	Keynote: Current Status and Advances in PTSD Treatment	Prof David Forbes, Clinical Psychologist, Director of Phoenix Australia, Centre for Posttraumatic Mental Health, University of Melbourne-Australia
9:40	10:20	40 min	Keynote: Clinician Well-Being During these Changing Times: How Optimizing our Well-Being is the First Step toward Creating Innovative Models of Integrated Care!	Prof Rimal Bera, Clinical Professor of Psychiatry, University of California, Irvine
10:20	10:30	10 min	Coffee Break	
10:30	13:00	2hr 30 min	Session 3 Community MH and Integration Session Chair Dr Ammar Al Banna, Consultant Child and Adolescent Psychiatrist, Al Jalila Children Hospital	
10:30	10:55	25 min	EHS Community Mental Health Framework	Dr Noor AlMheiri, Director Mental Health Department, EHS

In collaboration with



10:55	11:15	20 min	National Perspectives on Mental Health Policy-Making	Dr Lubna AlShaali, Director - Public Health Policies Department, MOHAP
11:15	11:25	20 min	Abu Dhabi's Mental Health Strategy & Highlights from Integration of Mental Health	Dr. Nahida Ahmed, Consultant Psychiatrist, Chief of Division - AHS, Chair of Behavioral Health Council SEHA-AD
11:25	11:55	30 min	Models of Training Primary Healthcare Providers for Mental Health Care Integration	Prof Robert Michael McCarron, Director of Education, Susan Samueli Integrative Health Institute College of Health Sciences, University of California, Irvine
11:55	12:15	20 min	Be Well OC: A Model of Community Mental Healthcare Service Delivery System (Virtual)	Marshall Moncrief, Clinical Psychologist, Co-Founder, Be Well Orange County / CEO, Mind OC California
12:15	12:35	20 min	Meaningful Engagement of People with Lived Experience (Virtual)	Jack Fisher, WHO Technical Officer Global Coordination Mechanism on NCDs Global NCD Platform, Geneva, Switzerland
12:35	13:00	25 min	Panel Discussion	
13:00	14:00	1hr	Lunch	
14:00	16:30	2hr 30 min	Session 4 Promoting and Protecting Mental Health at Work Session Chair Dr Mohammad Bardi, Clinical Academic Group Lead, Adults Consultant Psychiatrist, Al Amal Hospital, EHS	
14:00	14:30	30 min	Risk Management in Mental Health	Dr Mohamed Abdel-Maksoud, Consultant Psychiatrist, Chief Medical Officer, Maudsley Health and Assistant Director of Medical Affairs, Al Amal Hospital, EHS

In collaboration with



14:30	15:00	30 min	Mindfulness in the Workplace	Dr Fiona Desira, Consultant Clinical Psychologist, Maudsley Health
15:00	15:15	15 min	Coffee Break	
15:15	15:55	40 min	Promoting Safe and Therapeutic Services - The Implementation of a Prevention and Management of Violence and Aggression Training Program in a UAE Hospital	Ashick Hossany, Director of Nursing Maudsley Health, Al Amal Hospital Jennifer Meehan, Service Manager, Mental Health of Older Adults, Al Amal Hospital
15:55	16:25	30 min	Panel Discussion	
16:25	16:30	5 min	Wrap up and closure	
Workshops			Workshop A (Part 2)	Workshop B (Part 2)
10:45 14:00	13:10 16:30	2hr 25 min 2hr 30 min	Foundations of Cognitive Behavioral Therapy for Psychosis (Dr. Kate Hardy)	Assessment and Treatment of PTSD for <u>Mental Health Professionals</u> (Prof David Forbes)

In collaboration with